

Crockpot Taco Soup
Adapted by Kathy Schattleitner from
"A Year of Slow Cooking" on www.crockpot365.blogspot.com

1/2 to 1lb of ground turkey

1 can of each of following black beans (or pinto); kidney beans and corn (about 14 ounces).

2 cans of Rotel tomatoes and chilies.

Approximately 1 cup of chicken broth.

1/2 packet of taco seasoning - more if you want

1/2 packet of ranch dressing mix.

Brown turkey breast, drain fat and add to crockpot. Sprinkle seasonings on top of meat. Drain and rinse the beans and corn and add to CP. Add entire contents of tomatoes. Stir.

Cover and cook on low for 8 to 10 hours or on high for 4-5. If you have the time, opt for the slow cooking. Stir well and serve with a handful of shredded cheese and a dollop of sour cream. Enjoy - Kathy S.